

# K. J. Somaiya College of Science & Commerce



Autonomous-Affiliated to University of Mumbai

Re-accredited 'A' Grade by NAAC

Vidyanagar, Vidyavihar, Mumbai – 400 077.



## NATIONAL SERVICE SCHEME

*NOT ME BUT YOU*

# Annual Activities Report

Academic Year 2019-20



# *Solar Ambassador Workshop*

**K. J. Somaiya College of Science & Commerce**  
**Vidyanagar, Vidyavihar**

**NATIONAL SERVICE SCHEME**

*Advisory Committee Member*

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**Dr. Lolly Jain**

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(Vice Principal)

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Faculty Member)

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**Mrs.**

**Leena Shewale**

(Faculty Member)

(Faculty Member)

**Mr. Nikhil Karkhanis**

**Dr.**

**Parth Bapat**

(NSS District Co-ordinator)

(Social Worker)

**Mr. Arpit Dubey**

**Ms. Darshana**

**Bhanushali**

(NSS Volunteers)

(NSS Volunteers)

# **NATIONAL SERVICE SCHEME**

**Academic Year 2019-20**

**Annual Activities**

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## **RED RIBBON CULB**

- *Poster Making Competition***
- *Short Film Making***
- *Blood Donation Camp [I]***
- *Thalassemia Check up***
- *Street Play on AIDS Awareness***

- ***Premarital Counselling***
- ***Street Play (World AIDS Day)***
- ***Seminar on Cancer and AIDS Awareness***
- ***Blood Donation Camp [II]***
- ***Blood Stem Cell & Bone Marrow  
Registration Drive***



<b>Name Of The Activity</b>	<b>Poster Making Competition</b>
<b>Date Of The Activity</b>	25-07-2019
<b>Location Of The Activity</b>	College Campus
<b>Number Of Volunteers</b>	21
<b>Number Of Beneficiaries</b>	40
<b>Organized By</b>	RRC & NSS Unit
<b>Description</b>	A poster making competition was organized in the college campus on the theme 'AIDS AWARENESS'.



<b>Name Of The Activity</b>	<b>Short Film Making</b>
<b>Date Of The Activity</b>	13-08-2019
<b>Location Of The Activity</b>	College Campus
<b>Number Of Volunteers</b>	15 Teams (Team of 2)
<b>Number Of Beneficiaries</b>	100
<b>Organized By</b>	NSS unit
<b>Brief Description</b>	A Short Film Making competition was organised, which was on various themes like- drug abuse, virtual addiction, AIDS awareness, domestic violence and women empowerment. Mr. Parth Bapat was the judge for this event.



<b>Name Of The Activity</b>	<b>Blood Donation Camp [I]</b>
<b>Date Of The Activity</b>	30-08-2019
<b>Location Of The Activity</b>	College Campus
<b>Number Of Volunteers</b>	30
<b>Number Of Donors</b>	80
<b>Organized By</b>	NSS Unit [RRC] & Somaiya Blood Bank
<b>Brief Description</b>	This event was a huge success and was conducted smoothly without any hindrance.





<b>Name Of The Activity</b>	<b>Thalassemia Check up</b>
<b>Date Of The Activity</b>	30-08-2019
<b>Location Of The Activity</b>	College Campus
<b>Number Of Volunteers</b>	30
<b>Number Of Beneficiaries</b>	200
<b>Organized By</b>	NSS unit & Lions Club
<b>Description</b>	In this activity the test for Thalassemia was done for free. Many people were benefitted from it.



<b>Name Of The Activity</b>	<b>Street Play On AIDS Awareness</b>
<b>Date Of The Activity</b>	24-09-2019
<b>Location Of The Activity</b>	College Campus and Outside
<b>Number Of Volunteers</b>	30
<b>Number Of Beneficiaries</b>	500
<b>Organized By</b>	NSS unit
<b>Brief Description</b>	NSS volunteers organised a street play on the topic of AIDS ( <b>Know AIDS for NO AIDS</b> ). The spectators were highly entertained and they gained knowledge about AIDS.



<b>Name Of The Activity</b>	<b>Premarital Counselling</b>
<b>Date Of The Activity</b>	31-10-2019
<b>Location Of The Activity</b>	College campus
<b>Number Of Volunteers</b>	70
<b>Number Of Beneficiaries</b>	70
<b>Organized By</b>	NSS unit
<b>Brief Description</b>	The seminar gave valuable information about Premarital Health, Importance of understanding for Relationships and Female anatomy.



<b>Name Of The Activity</b>	<b>Cancer and AIDS Awareness Campaign</b>
<b>Date Of The Activity</b>	03-02-2020
<b>Location Of The Activity</b>	College Campus
<b>Number Of Volunteers</b>	20
<b>Number Of Beneficiaries</b>	90
<b>Organized By</b>	NSS unit
<b>Brief Description</b>	A seminar on cancer and AIDS awareness was conducted by the Indian Cancer society in association with KJ Somaiya college of Science and Commerce. The seminar gave valuable information to students regarding the symptoms and causes of this deadly disease and ways to prevent it. The speaker for the event was Dr. Shabana Ali.



<b>Name Of The Activity</b>	<b>Blood Donation Camp [II]</b>
<b>Date Of The Activity</b>	16-01-2020
<b>Location Of The Activity</b>	College Campus
<b>Number Of Volunteers</b>	20
<b>Number Of Beneficiaries</b>	100
<b>Organized By</b>	NSS unit , Rajawadi Hospital & Somaiya Blood bank
<b>Brief Description</b>	This event was a huge success and was conducted smoothly without any hindrance.



<b>Name Of The Activity</b>	<b>Stem Cell Registration Drive</b>
<b>Date Of The Activity</b>	31-01-2020
<b>Location Of The Activity</b>	College Campus
<b>Number Of Volunteers</b>	30
<b>Number Of Beneficiaries</b>	160
<b>Organized By</b>	NSS Unit & Datri NGO
<b>Brief Description</b>	The chief speaker for the drive was Seeba Bhojani. This drive motivated young minds to come up and become stem cell donors.

# SWACHH BHARAT ABHIYAN

- ✓ *Swachhta pledge*
- ✓ *Classroom Clean up*
- ✓ *College Campus Clean up*
- ✓ *Kalina Campus cleaning*
- ✓ *Beach cleaning*
- ✓ *Monorail clean up*
- ✓ *Street play on 'Clean India, Green India'*
- ✓ *Cleanliness in adopted area*
- ✓ *Swachhta Rally in adopted area*
- ✓ *Cleanliness in adopted village*



<b>Name Of The Activity</b>	<b>Swachhta Pledge</b>
<b>Date Of The Activity</b>	16-08-2019
<b>Location Of The Activity</b>	College campus
<b>Number Of Volunteers</b>	15
<b>Number Of Beneficiaries</b>	15
<b>Organized By</b>	NSS unit
<b>Brief Description</b>	The aim of Swachhata Pakhwada Pledge is basically a promise to keep the mother nature clean. Volunteers enthusiastically took this pledge in and participated with great focus with the sense of responsibility in all the upcoming events.





<b>Name Of The Activity</b>	<b>Classroom Clean Up</b>
<b>Date Of The Activity</b>	17-08-2019
<b>Location Of The Activity</b>	College Campus
<b>Number Of Volunteers</b>	15
<b>Number Of Beneficiaries</b>	500
<b>Organized By</b>	NSS unit
<b>Brief Description</b>	The volunteers cleaned all the classrooms and laboratories, also the campus was cleaned of from plastic wrappers and other non-biodegradable waste.



<b>Name Of The Activity</b>	<b>College Campus Clean up</b>
<b>Date Of The Activity</b>	17-08-2019
<b>Location Of The Activity</b>	College Campus
<b>Number Of Volunteers</b>	15
<b>Number Of Beneficiaries</b>	1000
<b>Organized By</b>	NSS unit
<b>Brief Description</b>	The volunteers cleaned the campus by picking up all the non-degradable, these non-degradable things include plastic wrappers, plastic/metal tins, etc. and collected them in the dustbins.



<b>Name Of The Activity</b>	<b>Kalina Campus Clean up</b>
<b>Date Of The Activity</b>	02-10-2019
<b>Location Of The Activity</b>	Kalina campus
<b>Number Of Volunteers</b>	20
<b>Number Of Beneficiaries</b>	100
<b>Organized By</b>	NSS Unit of Mumbai University
<b>Description</b>	Volunteers picked up and collected all the garbage, Plastic wastes & non degradable to make Kalina University Campus clean and lively.



<b>Name Of The Activity</b>	<b>Beach Cleaning</b>
<b>Date Of The Activity</b>	14-10-2019
<b>Location Of The Activity</b>	Juhu Beach
<b>Number Of Volunteers</b>	4
<b>Number Of Beneficiaries</b>	1000
<b>Organized By</b>	NSS Unit and TATA Trust
<b>Brief Description</b>	This activity was conducted to help clean up the debris and things from the beach, this activity was organised after Ganesh Chaturthi. You could see many POP Idols of Lord Ganesha were laying all around the beach, many volunteers came up together to clean the beach.



<b>Name Of The Activity</b>	<b>Monorail Clean up</b>
<b>Date Of The Activity</b>	02-10-2019
<b>Location Of The Activity</b>	Fertilizer Township
<b>Number Of Volunteers</b>	20
<b>Number Of Beneficiaries</b>	150
<b>Organized By</b>	NSS Unit
<b>Brief Description</b>	The main motto of this activity was to clean the monorail stations in Mumbai under the narrative "Swacchata hi Seva". Cleanliness campaign was successfully executed with the cooperation of staff at chembur monorail station and SRPF(state reserve police force).



<b>Name Of The Activity</b>	<b>Street Play On ‘Clean India, Green India’ and ‘AIDS Awareness’</b>
<b>Date Of The Activity</b>	24-09-2019
<b>Location Of The Activity</b>	College Campus
<b>Number Of Volunteers</b>	20
<b>Number Of Beneficiaries</b>	150
<b>Organized By</b>	NSS unit
<b>Description</b>	The NSS Volunteers organised a street play on the topic ‘Swachha Bharat Abhiyan’ and AIDS Awareness.



<b>Name Of The Activity</b>	<b>Cleanliness Drive in Adopted Area</b>
<b>Date Of The Activity</b>	26-09-2019
<b>Location Of The Activity</b>	Police Colony, Ghatkopar
<b>Number Of Volunteers</b>	20
<b>Number Of Beneficiaries</b>	500
<b>Organized By</b>	NSS unit
<b>Description</b>	Cleanliness have been a major issue in Adopted area which results in poor sanitation. To overcome this the volunteers went and cleaned the surroundings, and contacted the BMC regarding the poor sanitation issue.



<b>Name Of The Activity</b>	<b>Swachhta Rally in adopted area</b>
<b>Date Of The Activity</b>	24-09-2019
<b>Location Of The Activity</b>	Adopted area
<b>Number Of Volunteers</b>	20
<b>Number Of Beneficiaries</b>	150
<b>Organized By</b>	NSS unit
<b>Description</b>	Swachhta Rally was conducted to promote how health is in association with cleanliness. The volunteers during the rally used hoardings, posters to emphasize the point. They also cleaned the surroundings thoroughly.





<b>Name Of The Activity</b>	<b>Cleanliness Drive in adopted Village</b>
<b>Date Of The Activity</b>	26-09-2019
<b>Location Of The Activity</b>	Dahanu, Dundhalwadi
<b>Number Of Volunteers</b>	20
<b>Number Of Beneficiaries</b>	500
<b>Organized By</b>	NSS unit
<b>Description</b>	This activity was successfully performed by raising awareness in the School kids regarding Cleanliness and its importance while cleaning their Village with them.



<b>Name Of The Activity</b>	<b>Plastic free movement in Adopted Area</b>
<b>Date Of The Activity</b>	26-09-2019
<b>Location Of The Activity</b>	Railway Police Colony, Ghatkopar.
<b>Number Of Volunteers</b>	5
<b>Number Of Beneficiaries</b>	500
<b>Organized By</b>	NSS unit
<b>Description</b>	The main purpose of the activity was to reduce the usage of plastics to save the mother earth. The volunteers donated the paper bags to the vendors in exchange of a promise that the vendors will try to minimise the usage of plastic.

# ENVIROMENTAL ACTIVITIES

- ✓ *A Dialogue with students on partnering youth for better a better tomorrow*
- ✓ *Beej Ball Initiative*
- ✓ *Save Mangrove Mission*
- ✓ *Anti-Plastic free movement at adopted area*
- ✓ *Anti-Plastic free movement in adopted village*
- ✓ *Bottle for Change*



<b>Name Of The Activity</b>	<b>Dialogue with students on partening youth for a better tomorrow.</b>	
<b>Date Of The Activity</b>	27-08-2019	
<b>Location Of The Activity</b>	Lala Lajpat Rai College	
<b>Number Of Volunteers</b>	500	
<b>Number Of Beneficiaries</b>	500	
<b>Organized By</b>	NSS Unit of Lala Lajpat Rai College	
<b>Brief Description</b>	The Following activity was being organised by NSS Unit of Lala Lajpat Rai College. The speaker for the activity was Mr. Sanjay Barve (Mumbai Police Commissioner). The activity was very beneficial to youths as it highlighted the major problems faced by the country and also mentioned how the youth can help in tackling these problems.	



<b>Name Of The Activity</b>	<b>Beej Ball Initiative</b>
<b>Date Of The Activity</b>	19-10-2019
<b>Location Of The Activity</b>	Airoli
<b>Number Of Volunteers</b>	30
<b>Number Of Beneficiaries</b>	30
<b>Organized By</b>	NSS Unit
<b>Brief Description</b>	This activity was conducted to raise awareness about tree plantation in the students, during which approximately 150 beej balls were thrown by the students. It was an amazing activity which served its purpose at best.



<b>Name Of The Activity</b>	<b>Save Mangroove</b>
<b>Date Of The Activity</b>	28-11-2019
<b>Location Of The Activity</b>	Airoli
<b>Number Of Volunteers</b>	40
<b>Number Of Beneficiaries</b>	90
<b>Organized By</b>	NSS unit
<b>Brief Description</b>	This activity was conducted to raise awareness about Mangroves in the students, during which a film was shown to depict the same. It was an amazing activity which served its purpose at best.



<b>Name Of The Activity</b>	<b>Anti-Plastic free movement in adopted Area</b>
<b>Date Of The Activity</b>	26-09-2019
<b>Location Of The Activity</b>	Police Colony
<b>Number Of Volunteers</b>	5
<b>Number Of Beneficiaries</b>	10
<b>Organized By</b>	NSS unit
<b>Description</b>	The main purpose of the activity was to reduce the usage of plastics to save the mother earth. The volunteers donated the paper bags to the vendors in exchange of a promise that the vendors will try to minimise the usage of plastic.



<b>Name Of The Activity</b>	<b>Anti-Plastic free movement in adopted Village</b>
<b>Date Of The Activity</b>	26-09-2019
<b>Location Of The Activity</b>	Dahanu, Dhundalwadi
<b>Number Of Volunteers</b>	5
<b>Number Of Beneficiaries</b>	100
<b>Organized By</b>	NSS unit
<b>Brief Description</b>	The main purpose of the activity was to reduce the usage of plastics to save the mother earth. The volunteers donated the paper bags to the vendors in exchange of a promise that the vendors will try to minimise the usage of plastic.





<b>Name Of The Activity</b>	<b>Bottle Free Change</b>
<b>Date Of The Activity</b>	26-09-2019
<b>Location Of The Activity</b>	Andheri
<b>Number Of Volunteers</b>	5
<b>Number Of Beneficiaries</b>	5
<b>Organized By</b>	NSS Unit & Bisleri Bottle
<b>Brief Description</b>	The main purpose of the activity was to create awareness among citizens regarding avoiding plastics. Also through this workshop they learned alternatives to reuse the plastics.

# **SOCIAL ACTIVITIES**

- ✓ *Library Setup*
- ✓ *Flood Relief Drive*
- ✓ *Traffic Management*
- ✓ *Rakhi Selling*



<b>Name Of The Activity</b>	<b>Library Setup</b>
<b>Date Of The Activity</b>	15-09-2019
<b>Location Of The Activity</b>	Dhundalwadi, Dahanu
<b>Number Of Volunteers</b>	12
<b>Number Of Beneficiaries</b>	200
<b>Organized By</b>	NSS Unit
<b>Brief Description</b>	The Library setup was organised with approximately 110 books, to encourage the students, to overall develop by having more knowledge than just the academics.



<b>Name Of The Activity</b>	<b>Flood Relief Drive</b>
<b>Date Of The Activity</b>	12-09-2019
<b>Location Of The Activity</b>	KJSSC
<b>Number Of Volunteers</b>	12
<b>Number Of Beneficiaries</b>	-
<b>Organized By</b>	NSS Unit
<b>Description</b>	This seasons rain was indefinitely heavy, which led to floods in some areas. The NSS unit hence organised a drive to donate the necessary things- food, clothes, medicines and basic necessity. The approximate total of donation in terms of money came up to Rupees 10,000.



<b>Name Of The Activity</b>	<b>Traffic Management During Elections</b>
<b>Date Of The Activity</b>	24-09-2019
<b>Location Of The Activity</b>	Mankhurd
<b>Number Of Volunteers</b>	20
<b>Number Of Beneficiaries</b>	300+
<b>Organized By</b>	NSS Unit & In Collaboration with Traffic police of Mumbai
<b>Description</b>	The volunteers helped the Traffic Police to manage the probable chaos during elections. The traffic was thoroughly managed.



<b>Name Of The Activity</b>	<b>Rakhi Selling/ Tying Activity</b>
<b>Date Of The Activity</b>	4-08-2019 to 14-08-2019
<b>Location Of The Activity</b>	KJSSC
<b>Number Of Volunteers</b>	30
<b>Number Of Beneficiaries</b>	300
<b>Organized By</b>	NSS Unit
<b>Description</b>	The NSS volunteers sold the Rakhis, made by the village women, in the college campus. The profit earned by this was given to those women. This led them be motivated to be financially self-sufficient. Not only that, the volunteers even tied the Rakhis to our national heroes on Rakshabandhan.

**CONNECTING  
DREAMS  
FOUNDATION  
  
PROJECT**



<b>Name Of The Activity</b>	<b>Connecting Dreams Foundation Project</b>
<b>Date Of The Activity</b>	01-11- 2019 to 20 -02-2020
<b>Location Of The Activity</b>	Ramabai Nagar, Ghatkopar(E)
<b>Number Of Volunteers</b>	20
<b>Number Of Beneficiaries</b>	150 Families & 150 Students
<b>Organized By</b>	NSS Unit in collaboration with CDF
<b>Description</b>	<p>Connecting dreams foundation, an organisation which works for welfare of society in entrepreneurial way, joined hands with our NSS Unit this year. Our team conducted 6 surveys in the adopted area from Nov. 2019 to Dec. 2019 under the 'Connect n Change' project of cdf. And after analysing the data, it decided to start a project 'AAKAR' with the aim of shaping young minds of the mentioned area through creative learning. Our team conducted a 'Yoga Session' on 20 Feb. 2020 in Ramabai Municipal School as its first step towards the project 'AAKAR'. And now, it is planning to move forward, gradually and enthusiastically.</p>



# NEW INITIATIVES

- ✓ *NSS FEST ‘SANVAAD’*
- ✓ *SOLAR AMBASSADOR PROGRAM*
- ✓ *PROJECT TARANGAN*



<b>Name Of The Activity</b>	<b>SANVAAD FEST</b>
<b>Date Of The Activity</b>	08-02-2020
<b>Location Of The Activity</b>	K.J. Somaiya College of Science and Commerce
<b>Number Of Participants</b>	100
<b>Number Of Beneficiaries</b>	250
<b>Organized By</b>	NSS UNIT
<b>Description</b>	An Intercollegiate fest named 'SANVAAD' on the theme PEACE AND HARMONY was organised. Chief Guests, IPS Quaiser Khalid (Special Inspector General Of Police) were called to inaugurate the event and Bharagsetu Sharma (Roadies Real Heroes) were called to inaugurate the valedictory function, they both spoke and motivated the young generation. Various events on themes ranging from environmental issues to social issues were covered. A stem cell registration drive was also set up to bring about the awareness regarding the stem cells.



<b>Name Of The Activity</b>	<b>Solar Ambassador Program</b>
<b>Date Of The Activity</b>	02-10-2019
<b>Location Of The Activity</b>	K.J. Somaiya College of Science and Commerce
<b>Number Of Volunteers</b>	40
<b>Number Of Beneficiaries</b>	1036
<b>Organized By</b>	NSS Unit
<b>Description</b>	‘SOLAR AMBASSADOR PROJECT’ was conducted to promote the use of solar energy. The students learned to make Solar Lamps with great enthusiasm. This event was a huge success, that even reporters came and covered this event.



<b>Name Of The Activity</b>	<b>‘TARANGAN PROJECT’</b>
<b>Date Of The Activity</b>	17-02-2020
<b>Location Of The Activity</b>	Adopted School, Dhundalwadi.
<b>Number Of Volunteers</b>	03
<b>Number Of Beneficiaries</b>	80
<b>Organized By</b>	NSS Unit
<b>Description</b>	The need for ‘TARANGAN PROJECT’ was felt during our Camp Activities in Adopted School. With this project we aim to inculcate creative learning among the students. We want them to understand the concept and we do this by taking practicals of various subjects. With this aim we want to shape the young minds.

# **NSS SPECIAL CAMP 2019-20**

Report On	<b>NSS Special Camp 2019-20</b>
Location	Dahanu, Dhundalwadi
Time Duration	From 30 <sup>th</sup> December, 2019 to 5 <sup>th</sup> January, 2020
No. of Volunteers	50 NSS Volunteers
Activities	<p>Major activities</p> <ul style="list-style-type: none"> <li>• Check Dam Building</li> <li>• Solar Ambassador Workshop</li> <li>• Stationery Donation</li> </ul> <p>Various Sessions</p> <ul style="list-style-type: none"> <li>• Session on 'Food &amp; Nutrition'</li> <li>• Session on 'Interpersonal Relationship'</li> <li>• Session on 'First Aid Training'</li> <li>• Session on 'Street Play Training'</li> <li>• Workshop on 'Food adulteration' &amp; distribution of 40 kits</li> <li>• Session on 'Superstitions'</li> <li>• Session on 'Health &amp; Hygiene'</li> </ul> <p>Other Activities</p> <ul style="list-style-type: none"> <li>• Visit to Nareshwadi Learning Centre</li> <li>• Street play in adopted school</li> <li>• Activities based on team building</li> </ul> <p>Competitions</p> <ul style="list-style-type: none"> <li>• Street play</li> <li>• Debate</li> </ul>

Date	Activities
30 <sup>th</sup> December, 2019	Orientation Team Building Activity Feedback Session
31 <sup>st</sup> December, 2019	Visit To Field with Sarpanch Session on 'Food & Nutrition' Team Building Activity Feedback Session Campfire
1 <sup>st</sup> January, 2020	Fieldwork Session on 'Interpersonal relationship' Session on 'Street Play Training' Feedback session
2 <sup>nd</sup> January, 2020	Fieldwork Workshop on 'Food Adulteration' And Distribution of 40 Kits Visit to adopted School Stationery Donation Session on 'First Aid' Feedback Session
3 <sup>rd</sup> January, 2020	Fieldwork Street play in Adopted School Session on 'Superstition' Solar Ambassador Workshop Visit to Nareshwadi Learning Centre Feedback Session
4 <sup>th</sup> January, 2020	Fieldwork Street play Competition Debate Competition Session on 'Health & Hygiene' Feedback Session



Session Name	Food & Nutrition
Date	31 <sup>st</sup> December, 2019
Number of Volunteers	30 NSS volunteers
Number of Beneficiaries	80
Brief Description	NSS unit of KJSSC in collaboration with ' <b>Nutraceuticals</b> ' department organized a session on ' <b>Food &amp; Nutrition</b> ' which was conducted by <b>Dr. Veena Salvi</b> . It successfully gave the beneficiaries an idea regarding their nutritional requirements and right ways to meet them.





Session Name	Interpersonal Relationship
Date	1 <sup>st</sup> January, 2020
Number of Volunteers	45 volunteers
Number of Beneficiaries	45 Volunteers
Brief Description	NSS unit of KJSSC organized a session on ' <b>Interpersonal Relationship</b> ' which was conducted by <b>Dr. Arun Nair</b> . It was an interactive session which helped students to have a closer look of thought process and gave them better understanding useful in handling the different kinds of relationships easily making it one of our successful sessions.



Session Name	Street Play Training
Date	1 <sup>st</sup> January, 2020
Number of Volunteers	50 Volunteers
Number of Beneficiaries	50 Volunteers
Brief Description	NSS unit of KJSSC organized a session on ‘ <b>Street play Training</b> ’ which was conducted by <b>Mr. Rahul &amp; Mr. Aakash</b> . The young pair of an Actor and a scriptwriter engaged with students guiding them over different skills of performing arts such as voice modulation, different aspects of a story and ways of its presentation through script and act, etc. with full enthusiasm.



Session Name	First Aid Training
Date	2 <sup>nd</sup> January, 2020
Number of Volunteers	50 volunteers
Number of Beneficiaries	50 Volunteers
Brief Description	NSS unit of KJSSC organized a session on ' <b>First Aid Training</b> ' which was conducted by <b>Mr. Pravin Bramhadande</b> . The session was very enriching as Mr. Pravin explained students various first aid methods which should be used in different emergency situations. This session not only helped students learn the correct way of applying taught techniques but also developed sense of responsibility in them.



Session Name	Food Adulteration
Date	2 <sup>nd</sup> January, 2020
Number of Volunteers	10 Volunteers
Number of Beneficiaries	100+
Brief Description	NSS unit of KJSSC in collaboration with <b>'Chemistry' department</b> organized a workshop on <b>'Food Adulteration'</b> in <b>Nareshwadi School</b> which was conducted by <b>Dr. Chitra kamat</b> . This session aimed to raise awareness about the Adulteration of Food, its methods and hazards, which was achieved making it a huge success. 40 Food Adulteration Testing kits were also distributed.



Session Name	Superstitions
Date	3 <sup>rd</sup> January, 2020
Number of Volunteers	50 NSS Volunteers
Number of Beneficiaries	50 NSS Volunteers
Brief Description	NSS unit of KJSSC organized a session on ' <b>Superstitions</b> ' which was conducted by . This session imprinted its importance and success by letting students see beyond the pseudo world of illogical beliefs. It also taught them to be aware of superstitions and the business running on it.



Session Name	Health & Hygiene
Date	4 <sup>th</sup> January, 2020
Number of Volunteers	50 NSS Volunteers
Number of Beneficiaries	50 NSS Volunteers
Brief Description	NSS unit of KJSSC organized a session on ' <b>Health &amp; Hygiene</b> ' which was conducted by <b>Dr. Telange</b> . The session reminded students to live a healthy life not only physically but also mentally & spiritually by maintaining hygiene in our actions too. It taught students a mantra to perfect health.

# Some Special Activities

## 1. Visit to Nareshwadi Learning Centre



Our P.O. MR. AMIT MORE and MR. MAKARAND NIPHADKAR took us to visit the Nareshwadi school so that we could taste the flavor of village life and understand the difference between urban life and village life. During this trail we witnessed some amazing things like organic farms of different fruits, vegetables and crops, dairy farm with different breed of animals, biogas plant, etc. in ‘SOMAIYA NARESHWADI LEARNING CENTRE’. It was a satisfying and worth remembering journey.

## 2. Street Play in Adopted Village



On 3<sup>rd</sup> January, 2019, On the account of '**Balika Diwas**', a group of 30 volunteers performed a street play based on the life of social reformer '**Sawitribai Phule**' in a school and in the adopted village.

The aim of the street play performance was

- i) To show the students a glimpse of her inspirational life and
- ii) To sow seeds of women empowerment & gender equality in young minds.

Our team successfully delivered the message through their act.



# • Team Building Activities

Various activities were conducted with the aim of Confidence & Coordination Building of individuals and groups. It included different kind of Games, Discussion on Social Issues, Street Play and Debate Competition. These activities helped students to shape their personality.



# MAJOR ACTIVITIES

- ✓ *Check Dam Building*
- ✓ *Solar Ambassador Workshop*
- ✓ *Stationary Drive*

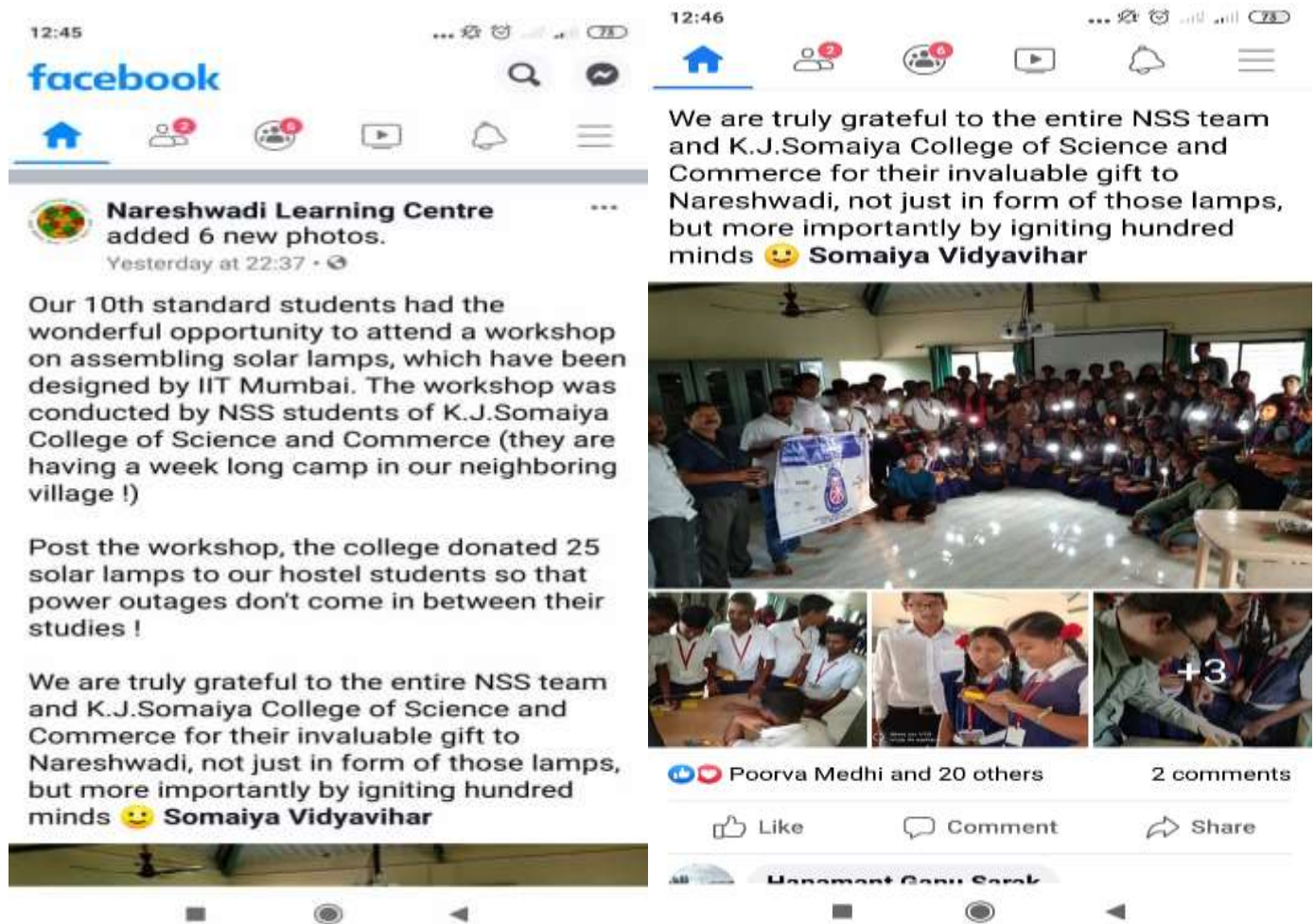
# 1. Check Dam Building



**‘Shramanubhav’- the fieldwork project aimed at building a dam consisting of around 450 cement bags on the river. Dam was built with the purpose of storing water for local farmers for the summer season. They worked tirelessly 4 hrs. per day from 31<sup>st</sup>**

December, 2019 to 4<sup>th</sup> January, 2020. Volunteers put their whole energy in order to achieve the goal, which helped in enhancing their ability of working in a team and ultimately leading to accomplishment of our aim.

## 2. Solar Ambassador Workshop



With the aim of promoting awareness for use of sustainable energy resources, ‘Solar Ambassador Workshop’ was first conducted in **KJSSC Campus** with the participation of 1000 students. We, then started a donation drive to collect solar lamps from the students for its later distribution to the students of **Nareshwadi School**. The distribution of 30 solar lamps was

done after commencement of 'Solar Ambassador Program' with 25 students of the school. In this activity students were taught to make Solar Lamps on their own. Students and volunteers both learned & enjoyed very much through this activity.

## 3. Stationery Donation Drive



Stationery Donation Drive was carried out in **KJSSC** before the camp and the collected stationeries were donated to the students during this activity.

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